



ARISE® CONSULTING

DIFFERENTIATION

CONSTANT IMPROVEMENT

EDUCATION

RESULTS



DIFFERENTIATION



**NATIONAL ASSOCIATION
OF
ADDICTION TREATMENT PROVIDERS**
Voice. Vision. Leadership.



BENEFITS

ARISE® Facility or Service Consulting helps your company or agency:

- Improve employee and patient retention
- Improve cost effectiveness
- Improve long-term outcomes
- Reduce AMA rates, staff burnout and turnover



THE ARISE® MODEL

(Based on Transitional Family Therapy, parent of the current integrative family therapy models)

- Our program encourages flexibility to suit each specific facility. We recognize that each facility is unique and demands individually designed training and consultation.
- We design your training based on your specific populations served.
- The Evidence-Based, Best Practice ARISE® Model overcomes barriers to treatment engagement, by building a philosophy of trust, empowerment and health across personnel and programs.
- The ARISE® Model improves the flow from engagement and intake through treatment to discharge and aftercare. Your facility creates a collaborative continuum among staff, clients, families, referral agents and outside providers.
- We emphasize the relevance of families to addiction origin, prevention, treatment and aftercare and enhance the alumni program with family involvement for improved outcome.

TRAINING OPTIONS

Become an ARISE® Certified Facility or Service by training the majority of your staff in the ARISE® philosophy, principles and methods

Train specific staff in relevant competencies (e.g., intake and admissions only, or clinicians only, etc.)

- A percentage of staff become Certified ARISE® Interventionists (CAI)
- Therapists, clinicians, counselors, administrators participate in a general course with continuing educational credit



AVAILABLE MODULES

INTRODUCTION TO ARISE® FOR
INTAKE AND ADMISSIONS STAFF
(1.5-8 hours)

REDUCE AMA RATES, IMPROVE
TREATMENT AND STAFF RETENTION
(2-8 hours)

ENHANCE DISCHARGE AND
AFTERCARE CONTINUUM
PROGRAMMING
(4-8 Hours)

4

DEVELOP MULTI-FAMILY SUPPORT
GROUPS
(4-8 Hours)

INTERFACE WITH EMPLOYEE
ASSISTANCE PROGRAMS (EAPS)
(4-8 Hours)

5

6

TREAT IMPAIRED PROFESSIONALS
(4-8 hours)

COMMUNITY OUTREACH
PROGRAMMING
(2 to 4 Hours)

COORDINATE WITH FAMILY COURT
SYSTEMS
(4-8 Hours)

REDUCE TREATMENT COSTS FOR
ORGANIZATION AND CLIENTS
(1-2 Days – time dependent on prior
training)



INTRODUCTION TO THE
NEUROBIOLOGY OF ADDICTION AND
RECOVERY
(2-4 hours)

WORKING WITH FIRST RESPONDERS
AND THEIR FAMILIES
(3– 8 Hours)



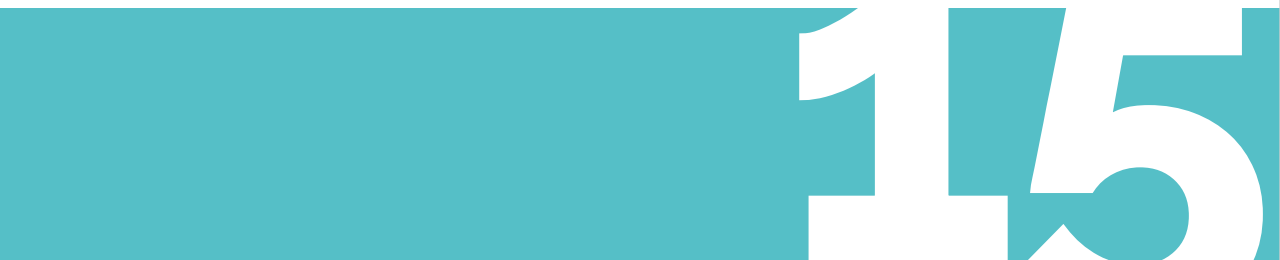
APPLICABILITY OF ARISE® TO
SPECIALTY POPULATIONS
(2-8 Hours)

DEVELOP ARISE® CONTINUUM COMPETENCIES (½ to 1 Day)



ASSORTED FACILITY WORKSHOPS (2 Hours - 2 Day)

- The Relevance and Role of Families in Addiction
- Multigenerational Trauma and Addiction
- Managing First Interactions Part I: Practical tools of Transitional Family Therapy and ARISE®
- Managing First Interactions Part II: Telephone Intake
- Managing First Interactions Part III: Admission Process
- Transitions and Secondary Interventions
- Collaboration: Safe and structured Transitions and Continuing Care
- Emotional Intelligence: a didactic and interactive workshop



INTENSIVE WORKSHOPS FOR STAFF (1 – 3 Days)


- Transitional Family Therapy (TFT)
 - TFT for Adolescents
- Recognizing and resolving dysfunctional family systems
- Transitional Family Sculpting

INTENSIVE WORKSHOPS FOR FAMILIES & STAFF (1 – 3 Days)

- Accessing resilience through Intergenerational discovery
- Recognizing and resolving dysfunctional family systems
- Transitional Family Sculpting



THE PROCESS



**Preliminary
Consultation/Needs
Assessment**

Consultation/Training

**Post Consultation
Review and
Certification**

**Maintain
ARISE® Certification**

PRELIMINARY CONSULTATION/ NEEDS ASSESSMENT

We find it most effective to start the process with an onsite, preliminary consultation with your administrative, clinical, frontline, and marketing staffs.

We discuss and assess your organization's culture, current programming, strengths, and needs, so as to design the ideal, customized training and consultation package for your facility.

If an onsite visit is not practical, the assessment can be conducted via conference call and/or videoconferencing.

CONSULTATION/ TRAINING

The design of the onsite consultation/training is specific to each facility or program.

ARISE® Consultants in collaboration with facility executives, and when appropriate, principals, determine the details of the program.

Training methods include didactics, interactive discussion, clinical case examples, role-play, videos, and experiential exercises.



POST CONSULTATION REVIEW AND CERTIFICATION



The executives and consultants meet approximately 10 – 16 weeks after the consultation/training to review the process and determine readiness for ARISE® Certification.

MAINTAINING ARISE® CERTIFICATION

- Maintain a standard of excellence in both quality of care and comprehensive care for clients and families
- Maintain on-going data related to goals and objectives
- Have updated training to improve and maintain goals and objectives
- Maintain regular communication with ARISE® Facility Coordinator
- Uphold the principles and ethics of the ARISE® philosophy
- Pay annual ARISE® Certified Facility or Program dues from the beginning of the first calendar year after certification
- ARISE® Certified Facilities and Programs obtaining certification through Certified ARISE® Interventionists (CAIs) must maintain 40% of service providers as CAIs meeting all CAI recertification requirements

TIME-FRAMES & COSTS

All of our training's are modular in format, implementable as an intensive or in a series over time

Modules can be mixed, matched and repeated as needed, to suit the facility schedule and needs

The overall program will be co-designed with senior staff



PRICING

- Final pricing is based on the consultation and training package you choose and our availability.
- Expenses, including travel, lodging, and materials, are dependent on the number of faculty required.

ARISE® CERTIFIED FACILITIES & SERVICES

We recognize and congratulate our Certified ARISE® Facilities and Services. They have completed the following strict requirements:

1. The staff has been trained by ARISE® Network.
2. The organization has adopted and implemented the ARISE® Network philosophy and principles.
3. The organization has maintained a standard of excellence in both quality of care and comprehensive care for their clients and families.
4. The organization collects and maintains outcome data for their clients and families.





Judith Landau, Founder

MD, DPM, LMFT, CFLE, CIP, CAI, CRS

Judith Lessing Landau, MD, DPM, LMFT, CFLE, CIP, CAI, CRS, President and CEO of Linking Human Systems, LLC, and ARISE® Network, and President of LINC Foundation, Inc., is a child, family and community neuropsychiatrist. Dr. Landau has consulted with addiction and mental health treatment centers, mental health professionals, consultants, organizations and interventionists around the world. Former professor of Psychiatry at the University of Pennsylvania, Psychiatry and Family Medicine at the University of Rochester, and Senior Consultant to the Trauma Studies Program at NYU and Columbia, Dr. Landau draws upon 50+ years of research and experience aimed at facilitating long-term healing for addicted individuals and their families.

Dr. Landau developed the Evidence-Based, Best-Practice Transitional Family Therapy, the first integrative model of family therapy. Author and co-author of over 200 peer-reviewed publications and books, she has taught in over 100 countries, and trained several thousand trainers, therapists and interventionists in the models. Her groundbreaking book, *AIDS, Health and Mental Health*, won the international Choice Library award. Her TEDX talk, *Family Stories, Secrets and Survival*, is one of the most sought-after presentations on family resilience, trauma, addiction, and mental health.



Gale Saler, Director ARISE® Consulting

LCPC, CRC-MAC, CAI, CIP

Gale Saler is a Licensed Clinical Professional Counselor, a Certified Rehabilitation Counselor, Master Addiction Counselor, Senior ARISE certified Interventionist, and a Certified Intervention Professional. She has worked in the addiction, mental health and rehabilitation field for over 40 years, during which time she has developed, opened and operated some of the most effective treatment and recovery programs in the nation.

Her experience includes working with adolescents, young adults and adults, including those who are adjudicated and/or have co-occurring mental health or behavioral issues. Her most recent effort, NorthStar Academy, engages the entire family system in the treatment and recovery process through day treatment and intensive outpatient programs for teens struggling with mental health and substance use issues.

She has served as President of the Maryland Addiction Directors Council and received a Governor's Citation in recognition of her advocacy on behalf of the citizens of Maryland, as well as the Excellence in Leadership Award from the State Associations for Addiction Services.



**Constant Mouton,
Director ARISE®
Consulting EU**

MBChB, FCPsychSA, KNMG
Psychiatrist, CAI

Dr. Mouton trained as a medical doctor and neuropsychiatrist in South Africa where he gained valuable experience in working cross-culturally. This unique skill enables him to respect and utilize people's cultural heritage as well as religious and spiritual beliefs, all geared towards understanding a person within their own context.

As a trained medical specialist, he values the bio-psycho-social model of Psychiatry. In addition, through his studies and own experiences, he also approaches mental health and addiction problems holistically and prefers to utilise the bio-psycho-social-cultural-spiritual context when working with clients and their families.

The Southern African philosophy of Ubuntu, "I am because we are", resonates throughout his work. He believes that by working collaboratively, we access a collective resilience that can restore connectedness between people. In this same spirit of connecting, caring and collaborating, he is eager to teach (and learn) on numerous topics related to complex mental illness, addiction, dual disorders, collaboration, mental wellness, positive psychology and the philosophy of connectedness, enhancing the quality of life and finding ones' purpose.

CONTACT US

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